GREAT PLACES TO VOLUNTEER

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WHAT THEY DO

HOW YOU CAN GET INVOLVED

Belmont Food Pantry	A mission of Belmont UMC for nearly 20 years, and is open to the public Fridays 8:30 am to 1:00 pm. Volunteers help pack, sort, and distribute food and clothing to the more than 400 families that visit the Pantry every Friday.	Sign up online at bcrsrva.org/cal-2 or email volunteers@bcrsrva.org/Volunteers are needed Tuesdays from 10:00am to 2:00pm, Thursdays from 9:00am to noon and Fridays from 7:30am and 1pm. Tasks include packing food and clothes, loading cars and replenishing supplies.
Cornerstone Community Farm	An urban farm/living laboratory enriching students with the educational, physical, psychological, and emotional benefits of working in nature; sowing, harvesting, consuming, and sharing fresh food.	Contact Claire at cornerstonefarmrva@gmail.com or sign up on the website: <u>cfcfarms.org</u> . Volunteers are needed for various farm tasks on Tuesdays and Fridays from 9am - Noon.
Fit4Kids	A non-profit dedicated to improving children's health and wellness in the Richmond region by offering programs that promote physical activity and healthy eating in schools, community organizations, and beyond.	Complete a volunteer interest form online g <u>rfit4kids.org/volunteer-interest-form</u> . Tasks may included weeding and watering school gardens, assisting educators with garden programming and supporting greenhouse operations.
Ginter Park Food Pantry	A mission of Ginter Park UMC. Serving 125-140 families a week. Currently offering outdoor service during regular pantry hours, either by walk-up or by drive-thru.	Email Horace at <u>horaceford2@gmail.com</u> Volunteers needed on Wednesdays from 9-noon to assist with food distribution.
Happily Natural Day	Happily Natural Day promotes holistic health, culture and social change through built environment transformation and urban agriculture.	Sign up for a shift at <u>thenaturalfestival.com</u> or <u>handsonrva.org</u> . Volunteers needed at multiple locations on Tuesdays and Thursdays from 11-2pm as well as Saturdays from 1-3 pm.
Legacy Farm	A heritage-focused farm telling new food narratives and uplifting Richmond's East End community.	Visit <u>chatrichmond.org/volunteers</u> to fill out an application. Volunteers are needed during the week and on Saturdays.
Peter Paul Development Center	A center in the East End of Richmond offering a full range of programs and services to fulfill the mission to support the neighbors of the East End and educate its students equipping them to serve as positive contributors to their family, community & society.	Learn more at: <u>peterpaulrva.org/get-involved/volunteer</u> or contact Daiyonna at dtretina@peterpaulrva.org Volunteers needed to help with food distribution and garden maintenance.
Real Roots Food System	A grassroots farming business and organization growing ethnic/specialty vegetables and researching waste diversion and soil biology across multiple sites in the Richmond Area.	Check out <u>realrootsfoodsystems.com/joinworkforce</u> to fill out an application. Tasks might include: mowing, weed whacking, weeding, watering, bed preparation, and composting.
Renew Richmond	A non-profit entity that uses agriculture to empower young people to build healthy, equitable, and sustainable communities in underserved neighborhoods throughout the greater Richmond region.	Fill out a Volunteer Interest Form at <u>renewrichmond.org/get-involved</u> . After submitting, a member of their team will reach out to you to confirm your visit. Have questions? Email them at <u>volunteer@renewrichmond.org</u> .
RVA Community Fridges	RVA Community Fridges is a mutual aid group aimed at combating food insecurity throughout and around Richmond, Virginia.	Fill out an online volunteer sign-up form at rvacommunityfridges.com/volunteer and someone will reach out with details on how you can get involved.
St Thomas Food Pantry	A mission of St. Thomas Episcopal Church for over 20 years, this open to the public pantry is open every Thursday from 2:00 to 5:00 pm and serves ~225 households each week.	Email Volunteer Coordinator, Cyndi Schulte at <u>cschulte@stthomasrichmond.org</u> Tasks include picking up donated food from grocery stores, pre-packing bags for pantry customers, taking inventory of stock, distribution day assistance,